REHABILITATION/RETROFITTING OF CONCRETE STRUCTURES ALONG WITH CASE STUDY

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ABSTRACT

The construction material mainly concrete is being used extensively for various types of construction projects. However, the deterioration of Reinforced Concrete structures is recognized as a major problem worldwide. Apart from requiring regular maintenance, many structures require extensive Repair/Rehabilitation/Retrofitting. Over a period of time, as these structures become older, we find in them certain degradation or deterioration with resultant distress manifested in the form of cracking, splitting, delaminating, corrosion etc. Such deteriorated structures can be rehabilitated and retrofitted by using various types of admixtures & modern repair materials. The paper brings out the present state of concrete structures & the major areas where improvement is needed during its service life stage for sustainable development & also the method of carrying out Repair/Rehabilitation/Retrofitting. This has been brought in details in the paper along with Case study, where the Author of the paper was directly involved in planning and execution of job.

KEYWORDS

Rehabilitation, Retrofitting, Sustainable Development, Polymers, Admixtures

1. INTRODUCTION

There is a growing National/International concern about the premature deterioration of our buildings/structures, particularly concrete structures. Cement concrete is one of the most widely used construction material and has proved to be almost indispensable to the present day civilization. Though concrete is quite strong mechanically, it is highly susceptible to deterioration and thus gets damaged & even fail ultimately, unless some measures are adopted to counter deterioration. Such measures would enhance the durability of structures. The maintenance of building is a lifelong continuous process. It has been observed that the minimum maintenance of concrete structures require an integral approach which need the introduction of as much preventive measures as possible in accordance with the basic established concept –“Prevention is always better than cure”. Repair/rehabilitation/retrofitting is the fastest growing segment of the concrete industry. Across the globe, billions of dollars are spent annually in repair and restoration of distressed concrete structures. Thus selection and evaluation of repair materials and protective coatings is receiving more and more attention among Civil Engineers in the recent past. The new technologies and new repair materials, which have been extensively being used by the advanced countries, are also being tried in developed country like India. This paper highlights the present state of maintenance especially in developing country like India and about the utilization of those new techniques/materials for repair/restoration of the buildings/structures, for long term sustainable development [1].

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2. PRESENT STATE OF MAINTENANCE/REPAIR

It is a matter of serious concern of us the civil Engineers, that in some countries, the repair activities of structure done today account for nearly half the total annual expenditure on total construction activities [2]. Such a state of affairs is of great concern mainly for two reasons. Firstly, concrete is, in essence a proven, durable & mostly maintenance free material. This is exemplified by a large number of structures constructed properly more than half a century back & is still in good stead today. Secondly, the know-how of making concrete, which does not need major repair/rehabilitation, is already well documented and is known to us. Inspite of all these, the trend of early deterioration of concrete structure continues unabated.

At present there is neither any established existing procedure, mandatory or otherwise, for periodical inspection of buildings/structures and recording the structural defects and symptoms, like cracks, spalling, corrosion, and deflection of structure, in a logical manner nor any record of structural repairs/rehabilitations carried out, is maintained properly even for public buildings. We have barged into a repair activity without adequate preparation. Persons involved in repair/rehabilitation need to be better civil engineers. In fact repair/rehabilitation/retrofitting activity is a much more advanced application of science and technology involved in civil engineering, which is the most difficult challenge to engineers. We need to opt for new techniques and materials to resolve these difficulties. We have enough options to select from various construction chemicals, minerals, methods for repairs/rehabilitations, the economics etc. to set right the damage. These all are to be considered in totality before deciding upon the repair/rehabilitation/retrofitting strategy [9, 10] and hence required enough background preparation.

Replacement of damaged materials is the trend for repair/rehabilitation. Mass scale replacements are convenient repair strategies, which were being followed mostly in developing country like India, as these offer fast turn-over & are more profitable. This is normally a cosmetic strategy, restricted to the facade and offers a sense of safety due to the impressive new looks. The really needed repairs i.e. Structural repairs to the actual load-bearing structural members are often missed. Rather structural distress is camouflaged and buried beneath finishes. Thereby damage syndrome recurs and continues unabated. The ordinary classical methods of repair/rehabilitation like re-plastering, re-concreting, jacketting and shotcreting etc. are often seen not to offer satisfactory results. It is often found that in traditional repairs, the same problem may recur fast. Investigations have brought out that the repair measures in such cases failed basically due to two reasons for RCC buildings:-

- Corrosion of steel not being totally removed.
- Bonding between old and new concrete being inadequate.

For repair of any concrete structures, use of construction chemical is very common in advanced countries, for obtaining long term results, which in India is still very much lacking. It is difficult to match the response of the non-repaired and the repaired areas in rehabilitated structures. In India we are yet to opt for new technologies and materials on large scale to resolve the difficulty of attaining durable repaired structures on long term basis. In fact normal periodical maintenance is often very much lacking & thereby requirement of rehabilitation is also increasing.

There is a growing National/International concern about the premature deterioration of our buildings/structures, particularly concrete structures. Cement concrete is one of the most widely used construction material and has proved to be almost indispensable to the present day civilization. Though concrete is quite strong mechanically, it is highly susceptible to deterioration and thus gets damaged & even fail ultimately, unless some measures are adopted to counter
deterioration. Such measures would enhance the durability of structures. The maintenance of building is a lifelong continuous process. It has been observed that the minimum maintenance of concrete structures require an integral approach which need the introduction of as much preventive measures as possible in accordance with the basic established concept – “Prevention is always better than cure”. Repair/rehabilitation/retrofitting is the fastest growing segment of the concrete industry. Across the globe, billions of dollars are spent annually in repair and restoration of distressed concrete structures. Thus selection and evaluation of repair materials and protective coatings is receiving more and more attention among Civil Engineers in the recent past. The new technologies and new repair materials, which have been extensively being used by the advanced countries, are also being tried in developed country like India. This paper highlights the present state of maintenance especially in developing country like India and about the utilization of those new techniques/materials for repair/restoration of the buildings/structures, for long term sustainable development.

3. PRINCIPAL CAUSES FOR DETERIORATION OF STRUCTURES

Concrete normally provides excellent corrosion protection to embedded reinforcement. The high alkaline environment in concrete results in the formation of a protective oxide film on steel bars. However unless concrete is well compacted and dense, it is susceptible to carbonation, losses its capacity to protect reinforcement. Some of the major causes for deterioration of concrete structures are brought out below:-

The deterioration of typical concrete structure starts from the time it is exposed to the elements of nature, primarily under high humidity, high temperature conditions & variation in temperatures; thus certain parts of structures including roofs and structural elements directly exposed to weather condition, are more susceptible to deterioration. The deterioration of materials such as concrete & reinforcement reduce the strength of the structural members. While elements such as temperature variations, pollution, wind, rains, floods etc. contribute towards deterioration; sometimes changes in environment after construction and changes in functional requirement also contribute towards premature deterioration.

Corrosion of embedded steel is the prime cause of damages to the reinforced concrete structures. It is like a “CANCER”, which progresses with slow deteriorating process and if neglected or not attended in time, may spread over a large area and cause extensive disintegration/deterioration of structural elements. It may even lead to catastrophic structural failure, in the absence of timely remedial measures. Various causes which create conducive conditions to accelerate/propagate rate of corrosion are as under:-

- Inadequate cover to reinforcement.
- Use of inadequate grade of concrete for the purpose.
- Use of rusted steel.
- Workmanship/workability/compaction, thus leaving concrete porous.
- Poor Unsuitable ingredients (both coarse & fine aggregate).
- Use of high W/C ratio resulting in fine hairline cracks in concrete during drying.
- Use of water containing high incidence of salts/sulphates.
- Wave action (alternate wetting and drying processes).
- Presence of harmful gases in the air.
- Contact with acids/fumes.
Exposures to relatively high humidity (>70%). Apart from these, other main reasons for deterioration of any structure are:–

+ Foundation settlements.
+ Lateral movements.
+ Accidental overload.
+ Poor maintenance during service life.

4. METHOD OF REHABILITATION/RETROFITTING FOR CONCRETE STRUCTURES

The techniques and materials used for repair/rehabilitation/retrofitting and maintenance depend upon the extent of deterioration. Construction chemicals/Polymers entered the world of concrete during the late Sixties. Today one can say that they are an integral part of many concretes. Broadly, polymers are chemical compounds, which essentially consist of repeating structural units. Though polymers are in use in concrete for quite some time; they are known by the respective roles they play such as admixtures, bonding agents, sealants and so on. Some of the most commonly used polymer-modifiers in concrete & mortar are ethylene vinyl acetate co-polymer, styrene-butadiene co-polymer and acrylic resins. Polymer-concrete composites display several improvements in the mechanical properties, including substantial increase in the strength & modulus of elasticity. In India, though the use of polymers in the construction industry particularly in repair/rehabilitation & maintenance [12, 13] field is growing, we are yet to have our own set of standards & Codes, which can ably guide both the specifier & the customer in their proper use. There is large number of products available in the market. As such there is a requirement of coming up with general guidelines and standard evaluation techniques, which should enable users to make the best use of products available. We all will gain from such a standardisation.

5. REQUIREMENT & METHOD FOR RETROFITTING/STRENGTHENING OF STRUCTURES

Retrofitting/strengthening is a technical option for improving the strength and other attributes of resistance of building to seismic and other forces. The requirement of retrofitting of any structure is arises mainly due to the fact that old buildings which were designed as per old Codal provisions [5, 6, 7] may not be having adequate strength as per requirement of latest Codal provisions. Moreover, in certain cases deterioration of concrete of foundation and other structural elements etc. takes place due to various reasons including settlement of soil strata etc. Foundations are a very important part of building. The strengthening is also required, whenever we want to increase any additional floor of a building due to increase in FAR etc. Shoring and underpinning are important in repair/retrofitting of any foundations. Shoring is the forms of temporary support given above the foundation to the existing building to avoid any damage due to collapse of the building during repair/retrofitting. Underpinning is the process of strengthening the foundation of an existing building by repair. The process of strengthening the foundation of an existing building is called underpinning. The main objective of underpinning is to transfer the foundation load to a lower stronger depth. The reason for underpinning can be due to any one of the followings:

+ Larger than permissible settlement of the building
+ Increase in loading
+ Lowering the level of adjacent ground below the foundation of the building for some construction on the adjacent site.
There are various methods available for underpinning; one is Traditional Methods, others are Needle and pile underpinning of walls, Angle piling and Underpinning of Column Foundations by Jack Pile Method. Further, there are methods available for improving Foundations on Expansive Clays also. The Strengthening of RC Beams, Columns and Slabs can be carried out by Plate Bonding, RC Jacketing and by FRP systems. The Strengthening of Columns and Beams can be done also by RC Jacketing [11]. RC jacketing is jacketing with additional layer of steel and concrete [14, 15]. It is one of the simple methods of strengthening of columns and beams. The RC slab Strengthening is carried out by Concrete Overlay. This is applied, where RC slab already constructed but found having structural deficiencies. In India, due to changes in codal provisions particularly for earthquake code, most of the existing old important buildings require retrofitting for structural safety against calamity like earthquake, tsunami and cyclone etc.

6. **Latest Repair/Rehabilitation/Retrofitting Materials & Techniques**

**Polymer**

High strength, resilient materials which have high resistance to attack from chlorides & sulphates are normally used for repair materials. The polymer modified concrete (PMC)/polymer modified mortar, which are commonly used as repair material has following properties:

- High compressive strength at early age.
- Increased flexural & tensile strength.
- Water tightness
- Adhesion
- Resilience, durability & impermeability etc.

The polymer to be used is latex. SBR latex or other equivalent polymer should be used. It imparts the following properties to concrete.

**High strength**

- Resilience
- Impermeability
- Resistance to carbonation & chloride ion penetration.

The polymer is mixed in water prior to addition in cement concrete. The PH value of polymer should be more than 7.5. The 28 days flexural strength should be at least 50 kg/cm². The minimum compressive strength is 150 kg/cm² at 3 days & 350 kg/cm² at 28 days. The split tensile strength should be at least 25 kg/cm² at 28 days.

**Classification of admixtures**

The admixtures can be classified according to type of material constituting the admixtures or to the characteristic effects of their use. The Table 1 shows how admixtures used for repair/rehabilitation is classified [3, 4].

**Epoxy mortar/Grouting**

Epoxy mortars are used for repair of spalled concrete in underside of slab floor/roof slab & chajjas having damage less than 75mm. Epoxy grouting is used normally for filling of cracks. Epoxy grouting systems have high mechanical strength. They obtain strength only in a few hours and are
resilient in nature. Epoxy systems are immune to sulphate & chloride attack and are impermeable. They have got high compressive & tensile strength also. Since epoxy grouting system can be injected into even hair line cracks, effective repairs can be carried out with them.

Polymer coating

For enhancing the life of structure, coatings like IPN (Interpenetrating Network) or other equivalent polymer should be applied on all the concrete surface of the structure. The coating prevents any future ingress of air & harmful chlorides, sulphates etc. into the structure. It thus protects the entire structure from corrosion & spalling. However, these coats are to be applied periodically, normally with interval of 5 years or so, depending on type of product being used.

7. METHODOLOGY FOR REPAIR, REHABILITATION, RETROFITTING

Common Guide lines

Presently number of companies is manufacturing various construction chemicals for repair/rehabilitation of civil engineering structures, in India. Various products manufactured by these companies cover all the repair materials available in India. However, their product range & utility varies. In case corrosion of steel has not started but carbonation of concrete has taken place unto reinforcement surface, coating of required thickness can be applied to prevent/retard the carbonation process. Depending upon the severity of carbonation, polymer or epoxy resins or polymer modified mortar concrete provide adequate protection. Such coating also stops penetration of chloride and other deleterious elements.

Whenever the process of corrosion has set in, the restoration techniques depend on the extent of damage to the concrete and or steel. But following guidelines are common:-

- Remove all unsound concrete & expose reinforcing steel all round.
- De-rust the steel by appropriate methods viz sand blasting, brushing & applying rust removers etc.
- Restore reinforcement with anchorages i.e. shear connectors, wherever required.
- Apply tack/binding coat of polymers or Epoxy based materials.
- Use one of the several stitching techniques to restore concrete to the original surface level.
- Injection of cement slurry or polymer modified slurry or epoxy of suitable grade to fill up the pores, internal cracks or segregation.
- Apply suitable protective coating.

8. CASE STUDY

The author has successfully used various admixtures for major rehabilitation of wharves along with other repair works of caissons, dry dock etc. costing Rs.50 million (App.) at Bombay (Mumbai), India. The two wharves (Contiguous to each other) having width of 16.45 m and total length of 500 m, was constructed during 1957 and 1967 (one having length of 350 m and other of 150 m). The damages observed were excessive spalling of concrete, formation of wide cracks, excessive corrosion, falling of fenders and shearing off of piles etc. In general, it was observed that various structural elements after these have been exposed/chipped off showed much more deterioration than was observed at the time of the site survey.
The two wharves were composed of fender portals, bollard portals, curtain wall (on one side of wharf only), wailings (connecting piles at the bottom of the bracing level), Deck slab (37.5 cm thick) and wearing coat (17.5 cm thick) over deck slab. Apart from a visual and dimensional survey, various other tests were carried out to diagnose distresses. Cover meter test, half-cell potential survey, ultrasonic pulse velocity test, petrography test, core test, water permeability test, chloride sulphate test and porosity test were carried out. In addition, analytical assessment of residual strength was also made. The structure being very old, design calculation/details were not available. Using a computer, a structural analysis was carried out that showed that all structural members were adequately designed based on earlier codal provisions. Because of the extent of deterioration repairs were required to wharf portals frames, curtain wall, wailings, deck slab, wearing coat and fenders. The repair methodology adopted for different types of defects are as follows:-

+ All cracks at various locations were filled with epoxy grouting under pressure. The stages involved in grouting are:-
  
  - Cutting ‘V’ grooves with pneumatic cutter.
  - Drilling of holes, at intervals.
  - Fixing of entry ports.
  - Application of epoxy sealant.
  - Cleaning of grooves with compressed air.
  - Injection of Epoxy under pressure.
  - Cutting of entry ports.
  - Grinding of sealant.

+ Spalling of concrete was repaired by various methods depending on locations. For soffit of slabs & fenders where the depth of deterioration was less than 75 mm, epoxy mortars were used. The sequences of activities involved were as follows:-

  - Square cutting the boundary of damaged concrete.
  - Chipping the spalled surface by pneumatic chipper.
  - Removing rust from existing reinforcement by wire brushing.
  - Welding of additional reinforcement after carrying out anti-corrosive treatment and an epoxy coating.
  - Removing dust from surface of concrete and reinforcement by compressed air, drying of the surface before applying coating of epoxy.
  - Applying an epoxy coat within an interval of 15 to 30 mins after mixing of resin & hardener and quartz sand, in the proportion of 100, 50 & 800 by weight. Air curing, for 48 hrs.

For piles, beams, wailings, bracings and fenders/soffit of slabs (having a depth of deterioration greater than 75 mm), polymer modified concrete (PMC) were used. The stages involved in application of polymer modified concrete (PMC) is similar to that of epoxy mortar, except for mix of PMC and curing requirement. In PMC the materials used were cement, quartz sand, polymer & water in the proportion of 100, 400, 15 and 30 by weight, for the damaged portion of structural member having shallow depth up to 75 mm. However, where damaged portion is considerable and having thickness more than 75 mm, cement, quartz sand, polymer water & aggregate (20 mm & down grade) was used, in the proportion of 100, 200, 15, 35 & 400 by weight. Further, in case of PMC, water curing is also required. One pile which was sheared off (because of which the jetty was declared non-operational) was replaced by two piles after cutting.
the deck slab, lifting the slab by jacks and casting two new piles under water by bored cast-in-situ method and thereby restoring the structure to its original position. In other locations only a wearing coat, bonding coat of epoxy resin needed to be applied to the concrete. For repairs to the curtain wall (which is not a very important element of the structure) guniting was used. For enhancing the life of structure, a special penetrating thermosetting polymer was applied over the entire concrete structure including fender, after cleaning the structure by sand blasting.

The repair/rehabilitation work of the two wharves costing approximately Rs.30 million carried out during 93-94, appears to have stopped the deterioration and no further deterioration has been observed (by visual inspection) after about more than 20 years since the repair/rehabilitation work was carried out. It is expected that this work will extend the service life of the facility for another 15 to 20 years, with normal periodical maintenance. The Author has planned and got executed repair/rehabilitation/retrofitting of various types of structures like residential accommodation, commercial accommodation, swimming pools and water tanks etc. by similar procedure and found the procedure is very effective.

9. PRECAUTIONS IN THE USE OF POLYMERs IN EXECUTION OF WORK

Presently in India we are not having any detailed codal provision for utilisation of various construction chemicals/polymers & utilisation is restricted to a select few privileged ones who are acquainted with the same. In the absence of proper detailed codal provision, a careful attention should be given to the instruction given by the manufacturer of the polymers. A polymer should be employed only after appropriate evaluation of its effects, preferably by use with the particulars materials & the condition of use intended. Such an evaluation is particularly important in our country, as the chemicals/polymers have mainly been developed in country having colder climate. They therefore require long term testing under tropical climate. Besides, such evaluation is also needed under the following situations:

- Special types of cement are specified.
- More than one polymer to be used, together.
- Mixing & placing is done at temperatures well above or below the generally recommended concreting temperatures.

The repair work needs to be executed in accordance with project documents. The repair process, especially concrete removal and reinforcing repair, may alter the load distribution of the structure and the members being repaired. Proper shoring and bracing needs to be provided throughout of the construction. Quality control throughout the repair process is essential to any successful project. Appropriate inspection by the Engineers and periodical testing at site & in laboratory is to be performed and ensured on regular basis, for long lasting solution.

10. CONCLUSION

The repair/rehabilitation/Retrofitting of Concrete repair projects are very challenging, as is true with most repair and renovation projects. Repair/Rehabilitation of concrete structure is comparatively a new subject in India. It is a real challenging task to carry out the repair/rehabilitation work, when structure has already undergone major structural damages/deterioration. As such, there is a requirement of periodical/timely assessment and maintenance with latest available techniques and materials as described in this paper. This will go a long way to arrest deterioration and extend the lease of life to the structure. As the time passes, many more concrete structures will come up for major rehabilitation. Time has come to have a structural auditing of all the old concrete buildings/structures, which were constructed during sixties and earlier. Depending on the severity
of the environmental effect, the restorative measures can be selected. In poor country like India, we
cannot afford to spend money on replacing the building, which is against implementation of green
building concept also. As such selection & evaluation of right repair material and protective
coatings will save enormous money & time by reducing the frequent repair costs of already repaired
concrete buildings/structures.

To modify/improve the properties of concrete or mortar, a large number of polymers/admixtures
have been tried and extensively used in other countries. World over polymers/admixtures have
been in use for over 45-50 years and their long term behaviour patterns are known. The superiority
of polymer modified mortars/concretes over normal mortars/concretes in repair/rehabilitation field
is established beyond doubt. In India, such effective polymers/admixtures have only become
available during last two decade mainly. Now a number of internationally known and time tested
polymers/admixtures are available all over India. However, before using various new
polymers/construction chemicals available in the market, one must be familiar with the products
and its limitations. Further, the repair/rehabilitation works should be undertaken only after
ascertaining properly the cause of deterioration. It is imperative that the Engineer understands the
reasons which led to damage and or deterioration prior to developing a repair programme. The
underlying causes should be corrected, although it is a difficult process. The polymers/admixtures
should form a permanent part of original construction and repair/rehabilitation/retrofitting &
maintenance of concrete structures in coming years, for long term sustainable development.

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TABLE 1 – Classification of Admixtures

- Accelerating/Water-reducing
- Retarding/Water-reducing
- Water reducing
- Plasticising (concrete/mortar)
- Air–entraining (mortar)
- Damp–proofing (Repellent)
- Waterproofing
- Permeability reducing (pressure
- Retarders
- Water retainers
- Grouting Materials
- Alkali–aggregate
- Expansion
- Corrosion
- Miscellaneous
- Fungicides
- Air detainers
- Gas former
- Flocculants
- Pigments
- Finely divided minerals
- Resin (bonding

- Lithium Barium
- Granulated Iron
- Sulfoaluminate cement
- Sodium benzoate
- Sodium nitrate
- Retarders
- Diathlonecides
- Copper compounds
- TBP
- Quart
- Atalumin
- Magnesium
- Zinc
- Inert
- Bentonite
- Diatomaceous earth
- Slag cement
- PVA, PFA, Acrylics,
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