

# SURREALIST ONTOLOGIES AND THE FRAGILITY OF IDENTITY IN MURAKAMI'S THE WIND-UP BIRD CHRONICLE

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## **ABSTRACT**

*Haruki Murakami's The Wind-Up Bird Chronicle (1994) holds a distinctive place in the realm of global literature, utilising surrealist elements to explore themes of identity, autonomy, and existential crisis. This research investigates the surrealism present in the novel, not merely as a stylistic embellishment but as a philosophical and ontological framework that facilitates the protagonist, Toru Okada, in experiencing a gradual destabilisation and tentative reconstruction of identity. Utilising André Breton's foundational surrealist theory in conjunction with the scholarly insights of Matthew Strecher, Susan Napier, Masao Miyoshi, Livia Monnet, and others, this paper contends that the novel's dreamscapes, liminal spaces, uncanny encounters, and surrealist doubling collectively represent a thorough investigation into the fragility of identity in the context of late modernity. Central surrealist motifs, such as the arid well, the mysterious facial mark, the Hotel Dolphin, Creta Kano's multiple subjectivities, and the incursion of war memory, construct an ontological terrain where selfhood remains in a state of constant flux. The article situates Murakami's surrealism within its Japanese cultural and historical contexts, illustrating its divergence from Western precursors and producing a transcultural surrealism that enhances the philosophical dimensions of the genre.*

## **KEYWORDS**

*Surrealism; Identity; Existentialism; Haruki Murakami; Japanese Fiction; Liminal Space; Uncanny*

## **1. INTRODUCTION**

Haruki Murakami stands as one of the most extensively engaged literary figures of the late twentieth and early twenty-first centuries. His oeuvre occupies a unique position within the realm of global literature, persistently exploring the convergence of the ordinary and the enigmatic. Classifying his fiction merely as 'magical realist', a designation often used for simplicity, diminishes the philosophical depth with which Murakami employs the irrational as a means of exploring existential questions. *The Wind-Up Bird Chronicle*, initially released in Japanese under the title *Nejimaki-dorikuronikuru* (1994–1995) and subsequently translated into English by Jay Rubin in 1997, represents one of the author's most complex and philosophically profound narratives. Extending to almost seven hundred pages, the narrative chronicles the experiences of Toru Okada, a thirty-year-old unemployed individual residing in Tokyo. His quest for a missing cat transforms into a profound journey of self-exploration, which includes the mysterious vanishing of his wife and an engagement with elements that transcend conventional understanding.

*The Wind-Up Bird Chronicle* stands apart from much of the contemporary Japanese literary landscape, as Murakami employs surrealism not merely as an embellishment but as the essential epistemological framework of the narrative. The surrealist elements of the novel, including

Toru's descents into a desolate well, his interactions with psychic women, his journeys through an architecturally impossible hotel, and the mysterious appearance of a blue-black mark on his cheek, serve as the central mechanism by which the narrative explores the processes of identity formation, dissolution, and the fragile reassembly of self.

This study argues that in *The Wind-Up Bird Chronicle*, Murakami utilises surrealism as a cohesive philosophical framework that highlights the profound instability of selfhood. The analysis unfolds in five distinct stages: (1) contextualizing the novel within contemporary scholarly discussions surrounding Murakami and surrealism; (2) investigating its key surrealist landscapes as sites of identity dissolution; (3) scrutinizing the double and the bodily mark as surrealist tools for self-exploration; (4) examining the influence of erotic experience and traumatic memory in the destabilization of identity; and (5) positioning Murakami's surrealism within the wider existentialist framework as interpreted through a uniquely Japanese cultural perspective.

## **2. THEORETICAL FRAMEWORK: SURREALISM, IDENTITY, AND THE EXISTENTIALIST SELF**

This study is situated within the theoretical frameworks of surrealist theory, existentialist philosophy, and postcolonial cultural critique. This section delineates the conceptual lexicon essential for interpreting *The Wind-Up Bird Chronicle* as a manifestation of surrealist ontology, referencing seminal works by Breton, Sartre, and Freud, alongside scholarship centred on Japan that situates Murakami's transcultural literary endeavour within a broader framework.

### **2.1. Surrealism Beyond Aesthetics**

In the *Manifesto of Surrealism*, Breton (1924) articulated the movement as "pure psychic automatism ... devoid of any control imposed by reason, free from any aesthetic or moral considerations." In Breton's view, surrealism transcended a mere aesthetic framework, embodying an ontological pursuit: it aimed to penetrate *la surréalité*, a profound layer of reality that lies beneath the superficiality of rational thought (Breton, 1924). This project fundamentally engaged with the essence of selfhood and the liberation of human consciousness from the limitations imposed by rationality and societal norms (Ades, 2006).

The ontological aspirations of surrealism intersect meaningfully with existentialist thought, particularly in relation to Sartre's (1943) assertion that existence precedes essence. Sartre posits that the self is not a pre-existing entity to be uncovered; rather, it is formed through specific choices and actions, embodying a freedom that is inextricably linked to *angoisse*, the anxiety stemming from a radical subjectivity devoid of any foundational basis (Sartre, 1943). Camus's (1942) articulation of the absurd, characterised by the conflict between humanity's quest for meaning and the universe's indifference, further nuances this existential state. Collectively, these frameworks elucidate Murakami's surrealism as a literary exploration of fundamental inquiries regarding the self.

Strecher (2002) delineates Murakami's narrative approach as 'magic realism', a designation that, although beneficial, fails to fully encompass the surrealist intricacies inherent in his imaginative landscape. Monnet (2002) and other scholars contend that Murakami's literary endeavour is distinctly surrealist, emphasising the unconscious as a realm of truth, blurring the lines between waking and dreaming, and utilising the uncanny as a tool for self-exploration. Napier (2001) similarly emphasises what she refers to as the 'dark carnival' aspect of Murakami's fiction,

highlighting its ability to make the familiar unfamiliar and to create a deeply unstable sense of the protagonist's identity.

## **2.2. The Japanese Context: Between Tradition and Postmodernity**

Reading Murakami's surrealism in isolation from its Japanese cultural context impoverishes the text. Together, Miyoshi (1991) and Field (1993) contend that postwar Japanese fiction needs to be understood in the context of Japan's rapid modernisation, the wounds of its defeat in the war, and the subsequent American cultural influence that produced a drastically altered cultural landscape. The 1980s saw the rise of Murakami as a significant literary figure during Japan's bubble economy, which was marked by extraordinary material affluence and widespread cultural unease. His middle-class, metropolitan protagonists live in a world where existential emptiness is concealed by surface-level ease.

The novel's embedded war narratives reveal Murakami's persistent involvement with the repressed past of the Japanese empire and military violence in Manchuria and Mongolia, according to Rubin (2002). This historical aspect gives Murakami's surrealism a societal and moral significance: the surreal is a symbol of historical trauma that still plagues Japanese modernity, not just a sign of personal psychological suffering. "Postmodern gothicism," as defined by Fuminobu Murakami (2005), is the idea that ghostly traces of the past encroach on the polished surfaces of modern existence. There is a type of transcultural surrealism that combines European avant-garde practice with uniquely Japanese uncanny traditions, *kaidan*, the spectral, and the dream vision. Hakutani (2009), Seats (2006), and Fraser (2017) have all examined how Murakami's fiction negotiates the intersections of Western and Japanese cultural formations. This theoretical synthesis serves as the basis for the subsequent analyses.

## **3. LIMINAL SPACES AND THE DISSOLUTION OF THE SELF**

In *The Wind-Up Bird Chronicle*, Murakami creates several significant spatial settings that function as surrealist topoi, locations where the logic of everyday identification collapses, and the ego is subjected to profound metamorphosis. The alley, the Hotel Dolphin, and the dry well are the three such areas that are sequentially examined in this section.

### **3.1. The Dry Well as Surrealist Topos**

The desolate well situated within the overgrown garden of the forsaken Miyawaki residence serves as the novel's most enduring surrealist focal point. Toru's recurrent explorations serve as a profound metaphor for the intricate interplay among spatial dimensions, consciousness, and the construction of identity. The well serves as a liminal space within an anthropological framework, situated at the intersection of the known and the untamed, the illuminated domain above and the obscured depths below, as well as the sphere of conscious awareness and the profound recesses of the unconscious mind.

Toru's initial comprehensive narrative of his experience in the well compellingly illustrates the nature of self-dissolution elicited by the surrealist milieu:

I was a butterfly dreaming I was a man, or a man dreaming I was a butterfly. The darkness was complete. I could not tell up from down, inside from outside. My body seemed to dissolve at its edges. I was neither fully here nor fully anywhere. The well did not simply contain me; it was eating the outlines of me (Murakami, 1997, p. 134).

This passage echoes Zhuangzi's butterfly dream, a fundamental concept in East Asian philosophy that explores the fluidity of identity and situates the well as a domain where the boundaries of the ego become ambiguous. From a philosophical perspective, the well serves as a surrealist counterpart to what Breton (1924) referred to as the 'omnipotence of dream', functioning as a realm where the defences of the ego are dismantled, thereby uncovering a more fluid mode of existence. Strecher (2014) notes that Murakami's liminal spaces consistently serve as what he describes as 'the interior room', functioning both as a physical location and a psychic landscape.

### **3.2. The Hotel Dolphin and the Architecture of Otherness**

The Hotel Dolphin, accessed through the portal of the well, enhances the novel's surreal spatial dynamics. The corridors, rooms, and doors of the hotel exhibit a troubling sense of familiarity; they are distinctly architectural, yet they operate under a logic that disrupts conventional notions of causality and identity. Monnet (2002) interprets these spaces in Murakami as 'heterotopias' in the Foucauldian framework, representing spaces that are both linked to and in opposition to the external world. The hotel transcends its role as a mere backdrop, emerging instead as an ontological space in which the essential constructs of identity are subjected to a process of erasure.

In a pivotal scene, Toru moves through the hotel's corridors in a state of profound self-uncertainty:

"The corridor went on without end, door after door, all of them closed. I had the feeling that behind each door was a version of me that I had not yet become or had already been and left behind. The woman at the end could have been anyone. I could have been anyone. Perhaps that was the point. Perhaps here, the point was exactly that." (Murakami, 1997, p. 299).

The architecture of identical corridors and sealed doors serves as a fundamental surrealist motif representing the unconscious as a labyrinth, reminiscent of the dreamlike landscapes created by Dalí, the metaphysical realms depicted by de Chirico, and the Kafkaesque structures emblematic of bureaucratic confinement. Sartre's (1943) examination of 'the look', the gaze of the other that transforms the subject into an object and exposes the tenuous nature of identity, reverberates within this context. Toru is scrutinised through a transparent barrier by a woman who could potentially be his spouse, a manifestation of his longing, or a construct of ontological speculation. The glass exemplifies what Breton (1924) referred to as 'convulsive beauty', possessing qualities of both transparency and opacity, revealing and obscuring simultaneously.

### **3.3. The Alley: Threshold Space and Everyday Surrealism**

The alley connecting the Okada house to the wilder spaces of the novel captures the register of 'everyday surrealism', the estranging intrusion of the irrational into the ordinary. Toru's repeated walks through it, nominally in search of his lost cat, take on the character of ritual passage. In an early scene that establishes this quality, Toru observes:

"I saw everything with such terrific clarity that my own body felt vague and boundless and flowing ... the houses that lined the alley fell into two distinct categories: older houses and those built more recently ... [t]he older houses, by contrast, gave hardly any sense of life. These were screened off by well-placed shrubs and hedges ..." (Murakami, 1997, pp. 6–7).

The alley functions as a surreal passage wherein the protagonist's identity emerges as 'vague and boundless,' not due to obscurity, but rather as a result of an overwhelming clarity. This paradox, wherein hyperclarity can evoke a disorienting effect akin to obscurity, exemplifies the novel's

surrealistic tendencies, which consistently seek to achieve an uncanny estrangement of the familiar rather than simply substituting it with the bizarre.

#### **4. SURREALIST DOUBLING, THE WOUND, AND THE CRISIS OF IDENTITY**

The motifs of the double and the bodily mark stand as some of the most philosophically significant tools within surrealist representation. This section analyses the way Murakami utilises these elements in *The Wind-Up Bird Chronicle* to illustrate the profound instability of the self.

##### **4.1. The Doppelgänger and the Fractured Self**

The concept of the double, often referred to as the Doppelgänger or uncanny other, encapsulates the duality of self and its radical alterity, serving as a focal point within the realm of surrealism. Freud's (1919) seminal examination of the uncanny delineates the double as a principal origin of estrangement: the resurgence of an intimate element that has been suppressed, rendered unfamiliar through its reappearance. In *The Wind-Up Bird Chronicle*, the concept of doubling manifests through various dimensions: the disintegration of the protagonist's identity; the surrealist mirroring of characters like Creta Kano; and the contrast between Toru and Noboru Wataya, who serves as a sinister double or shadow-self.

Creta Kano exemplifies the concept of surrealist doubling in its most intense manifestation, representing a woman who has experienced both 'defilement' and reconstruction. She exists concurrently as a tangible entity and a spectral figure within Toru's dreams, adopting various modes of dress that mirror her fluctuating psychological states. In her narrative of personal history, she expresses the disintegration of her identity through language that clearly resonates with the surrealist concept of the bifurcated self:

"There was a Creta Kano who felt pain, and a Creta Kano who felt no pain. For a long time I could not find which of them was the real me, or whether there was a real me at all ... I had to go to the very bottom before I could find out who I was." (Murakami, 1997, pp. 217–218).

The descent, connecting the well, the unconscious, and historical memory, is intrinsically linked to the endeavour of self-exploration. The self that arises from this exploration is not a cohesive, Cartesian subject but rather a provisional, multifaceted, and intrinsically incomplete entity. Kristeva's (1982) theory of abjection elucidates this dynamic: the subject is formed through the repudiation of that which is both familiar and menacing, and it is this very rejected material that reemerges in the surrealist uncanny.

##### **4.2. The Mark on the Cheek: Body as Surrealist Text**

The strange blue-black mark that manifests on Toru's cheek, arising from an untraceable origin, eluding medical rationale, and varying in intensity in alignment with the novel's spiritual and psychological cadence, stands as one of the most intriguing examples of surrealist bodily inscription in modern literature. The mark operates concurrently as both a wound and a sign, serving as a tangible manifestation and an ontological assertion: it makes apparent on the body the unseen changes taking place within the self.

The surrealist tradition has consistently emphasised the body as a locus of meaning that transcends rational discourse. In the automatist creations of Joan Miró and the surrealist photography of Man Ray, the body is depicted as fragmented, distorted, and reconfigured, revealing the underlying violence and desire that lie hidden beneath its social exterior (Foster,

1993). Murakami's use of the mark engages with this tradition while infusing it with an existentialist dimension: the mark transcends mere symbolism and represents an ontological event, signifying a transformation in Toru's mode of being-in-the-world.

In a crucial passage near the novel's close, Toru reflects on the mark and its implications for his sense of self:

"The mark on my cheek was the record of something I had done or something that had been done to me in that other place. But what did that mean about who I was? If I had fought, if I had been wounded, in a place that might not even exist — in a dream, in an unconscious — was the self that fought and suffered there still me? ... I held my face in my hands and could not answer." (Murakami, 1997, p. 497)

This passage engages with the Sartrean (1943) issue concerning the interplay between consciousness and the corporeal form, highlighting the distinction between the self that performs actions and the self that contemplates those actions. The mark on Toru's cheek encapsulates this existential predicament: it is simultaneously undeniably his own (inscribed upon his face) and radically foreign (arriving without consent, from a realm he cannot fully claim as his own).

## **5. DESIRE, TRAUMATIC MEMORY, AND THE UNCONSCIOUS OTHER**

The interplay between surrealism, desire, and the unconscious broadens its philosophical implications, encompassing aspects of sexuality, historical context, and the resurgence of repressed elements. This section analyses how *The Wind-Up Bird Chronicle* utilises erotic experience and war memory as tools for the continued destabilisation of identity.

### **5.1. Erotic Surrealism and the Dissolution of Boundaries**

Surrealism has, since its inception, sustained a significant relationship with Eros. Breton's (1937) notion of *amour fou* (mad love) proposed that erotic experience serves as a revolutionary force, one that has the potential to alter consciousness and challenge the stringent classifications of bourgeois identity (Richardson, 2006). In *The Wind-Up Bird Chronicle*, the erotic is persistently depicted through surrealist lenses: it emerges within ambiguous, liminal realms; it obscures the distinction between reality and dream; and it is linked to profound transformations of identity. Toru's dream encounters with Creta Kano, situated within the spatial contexts of the well and the hotel, represent some of the novel's most profound explorations of erotic surrealism. Their ontological status remains intentionally ambiguous: do they represent dreams, manifestations of desire, or authentic interactions within an alternate realm? In a particular narrative, Toru observes:

"There was no clear border between sleep and wakefulness. I tried to raise myself, but there was not enough strength in my fingers. My body felt cold and shrivelled and dull, like a cucumber long forgotten in the back of the refrigerator. My mind was wrapped tight in exhaustion and weakness." (Murakami, 1997, p. 356)

The diminishment of the self to the condition of an overlooked vegetable, an emblem of extreme surrealist simplicity, encapsulates the complete disintegration of agency and identity that the erotic-oneiric interaction engenders. In these instances, the corporeal form relinquishes its role as a vessel of identity, transforming into an object, forsaken and vulnerable to decay. This radical passivity paradoxically establishes the foundation for a novel form of self-awareness: by surrendering his position as an agent, Toru becomes receptive to realms of experience and understanding that are inaccessible to his typical goal-directed consciousness.

## 5.2. War Memory and Historical Surrealism

The *Wind-Up Bird Chronicle* exhibits a notable formal characteristic through the intricate interweaving of Toru's contemporary narrative with detailed accounts of Japanese military aggression in Manchuria and Mongolia during World War II, as conveyed by characters like Lieutenant Mamiya and Corporal Honda. The war narratives presented are not mere historical footnotes; rather, they serve as integral elements of the novel's surrealist endeavour. They contribute a dimension of collective historical unconscious that both complicates and deepens Toru's personal identity crisis. The moment in which Mamiya describes the live flaying of Yamamoto at a Mongolian border post serves as the novel's most distressing examination of surrealist violence, characterised by an intensity of hyper-real vividness that encapsulates surrealism's ability to portray suffering as both historical and hallucinatory:

"The man called Yamamoto was laid face down on the tarp, hands and feet bound tight. The knife was thin and long like a stiletto. It moved slowly at first. Later it moved faster, with more certainty. The man never screamed. What sound he made was not human. When it was over there was very little left of him that resembled a person. I was not the same after that. I can say that with certainty. Whatever I had been before was gone." (Murakami, 1997, pp. 157–158)

Mamiya's assertion that 'whatever I had been before was gone' resonates profoundly with the novel's central existential premise: identity is not a fixed essence but rather a delicate construct susceptible to disruption by historical violence. Tanaka (2014) posits that the war episodes exemplify a form of 'traumatic surrealism', wherein the incursion of historical violence into contemporary awareness emerges as the uncanny, the dreamlike, and the hallucinatory. Rubin (2002) elucidates Murakami's thorough historical investigation of the Nomonhan Incident (1939), a border conflict whose repercussions permeate the war narratives of the novel, thereby affirming that the surreal quality of these sections is firmly rooted in historical reality.

## 6. NOBORU WATAYA AND THE POLITICS OF IDENTITY

Noboru Wataya, the brother of Kumiko and the primary antagonist to Toru, epitomises the concentrated embodiment of malevolent power within the narrative. His character wields influence through his ability to shape and govern the identities of others, engaging in acts of corruption, evacuation, and transformation. His rise as a public intellectual and media figure, whose concept of 'excretory economics' garners admiration despite a lack of comprehension, presents a surreal depiction of the empty performativity of public identity in contemporary consumer culture.

The characterisation of Noboru Wataya is refined through existentialist frameworks. He exemplifies, in Sartrean (1943) terms, the most extreme form of bad faith: a subject who has entirely relinquished his authentic selfhood to the enactment of a social role, who has reduced himself to nothing more than what others perceive when they gaze upon him. The control exerted over Kumiko, alongside the erasure of her identity and the imposition of an alien presence, exemplifies what Sartre refers to as the 'petrifying look'. This gaze from the other transforms the subject into a mere object, depriving her of the ability for self-authorship.

The pivotal confrontation between Toru and Noboru Wataya, set against the backdrop of the hotel's surreal architecture, serves as the existential crux of the narrative: a struggle that surpasses the individual to represent a dichotomy between two essential modes of existence, genuine selfhood versus self-deception, creative autonomy versus destructive authority. The intensity of this confrontation, mediated through surrealist doubling and dreamlike absurdity, operates within

the narrative structure to illustrate the existentialist proposition that authentic selfhood can only be attained through a struggle against the forces that aim to diminish it to mere objecthood.

## **7. MURAKAMI'S SURREALISM AND ITS WESTERN AND JAPANESE INTERLOCUTORS**

Positioning Murakami's surrealism within the framework of its Western theoretical origins and its Japanese cultural backgrounds elucidates the novel as a uniquely transcultural literary construct. The dual positioning presented here is of considerable importance, as it situates *The Wind-Up Bird Chronicle* within the context of cultural globalisation that became pronounced in the late twentieth century. This globalisation facilitates the movement of literary forms and philosophical frameworks across national and cultural boundaries, resulting in hybrid formations that defy simplistic categorisation.

Murakami has persistently recognised his indebtedness to Western literary forebears, with Kafka, Dostoevsky, Carver, and Fitzgerald serving as frequent touchstones. The literary lineage is evident in the surrealist imagination of *The Wind-Up Bird Chronicle*, the intricate spaces evoke *Kafka's The Trial and The Castle*; the surrealist brutality echoes Dostoevsky's examination of the double; the concise, clear prose style reflects Carver's minimalism. Nevertheless, the novel is profoundly rooted in Japanese culture.

Napier (2001) posits that Murakami's fiction functions as a form of 'cultural translation', enabling a dialogue between Western and Japanese imaginaries that yields authentically novel formations. The surreal elements present in *The Wind-Up Bird Chronicle* do not align with the principles of Western Bretonian automatism, nor do they adhere to the established norms of the Japanese fantastical tradition, which encompasses ghost stories, dream visions, and *kaidan* narratives. Rather, it emerges from the dynamic interplay between them. The novel's transcultural quality enhances its exploration of existential themes, providing a depth and complexity that cannot be achieved within the confines of a singular tradition.

## **8. CONCLUSION**

*The Wind-Up Bird Chronicle* demonstrates that surrealism, far from being exhausted as a literary mode, continues to function as a vehicle for philosophical exploration of the first order when wielded by a writer of Murakami's ambition and precision. Through the dry well, the Hotel Dolphin, the bodily mark, dream encounters, war atrocities, and the confrontation with Noboru Wataya, the novel constructs a surrealist framework within which the question of identity, its formation, its vulnerability, and the resources available to the self against its diminishment is pursued with uncommon rigour.

The paper has argued that Murakami's surrealism is philosophically significant as well as aesthetically distinctive: it engages rigorously with the core preoccupations of the existentialist tradition, the instability of identity, the relationship between consciousness and corporeality, the encounter with the other, and the possibility of authentic existence while bringing to these themes a distinctly contemporary and Japanese inflexion. The novel's surrealist environments are not merely dreamscapes but ontological territories in which the modalities of selfhood are explored, tested, and occasionally destroyed.

This reading yields a conception of identity as irreducibly unstable, perpetually in process, and constitutively shaped by forces, desire, trauma, history, and the other that rational consciousness habitually represses. *The Wind-Up Bird Chronicle* proposes that acknowledging and inhabiting

this fragility, rather than evading it through the bad faith of social performance (as exemplified by Noboru Wataya), constitutes the sole path to existential authenticity in contemporary life. Murakami's surrealism is, in this respect, not a flight from reality but its most unsparring confrontation.

Future scholarship might productively extend this analysis in several directions: a comparative examination of surrealist identity in Murakami alongside Yoko Ogawa and Banana Yoshimoto; an investigation of the gendered dimensions of the novel's surrealism, particularly how female characters such as Creta Kano and Kumiko are constituted by masculine desire; and a closer engagement with the novel's connections to Japanese film and visual culture, especially the surrealist traditions within contemporary Japanese cinema.

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